

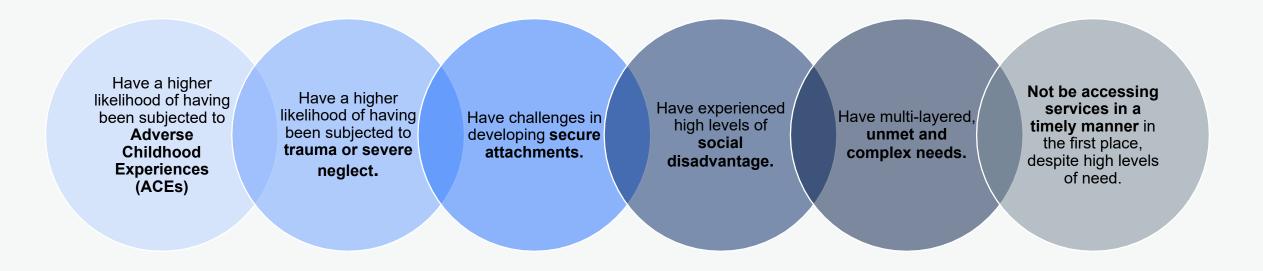
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# Our cohort: children with complex needs

This cohort of children often have complex needs in multiple domains and are sometimes described as "high risk, high harm, high vulnerability". They may:



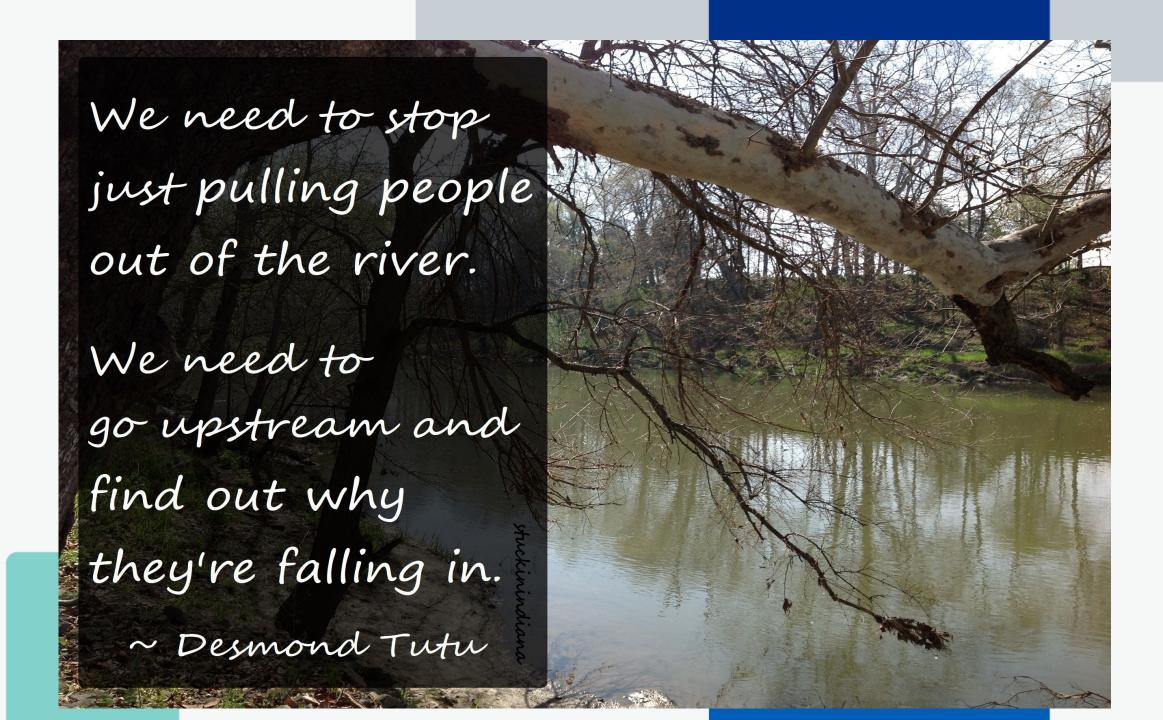
# Children with complex needs

Because of their vulnerability and high level of health inequalities this cohort of young people are often placed in a secure setting (deprivation of liberty) as a result of their behaviours and what has happened to them.

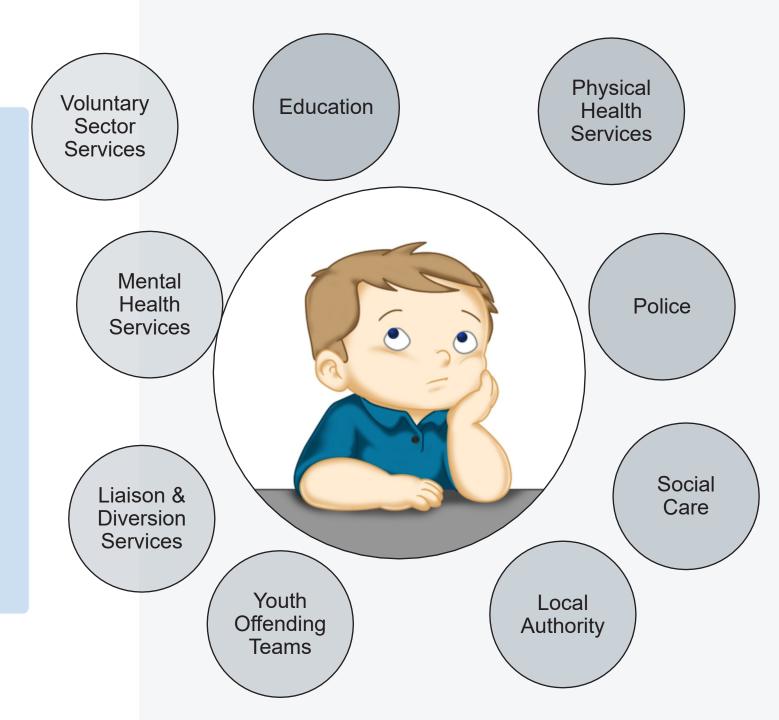
Children can be deprived of their liberty in England under one of three legal frameworks:

- Section 25 of the Children Act (1989) placing them in a secure children's home;
- Under the Youth Justice System on remand or serving a sentence in a secure children's home (SCH), secure training centre (STC) or young offender institution (YOI);
- The Mental Health Act (1983, as amended 2007) placing them in hospital.

Placement in the children and young people secure estate is temporary, and part of a broader pathway of care. <u>The Framework for Integrated Care (Community)\*</u> considers the needs of those who are at risk of entering the welfare, youth justice or mental health inpatient estate. It focuses on services working together in a more integrated way, and intervening early to best meet and deliver the needs of children with the most complex needs.



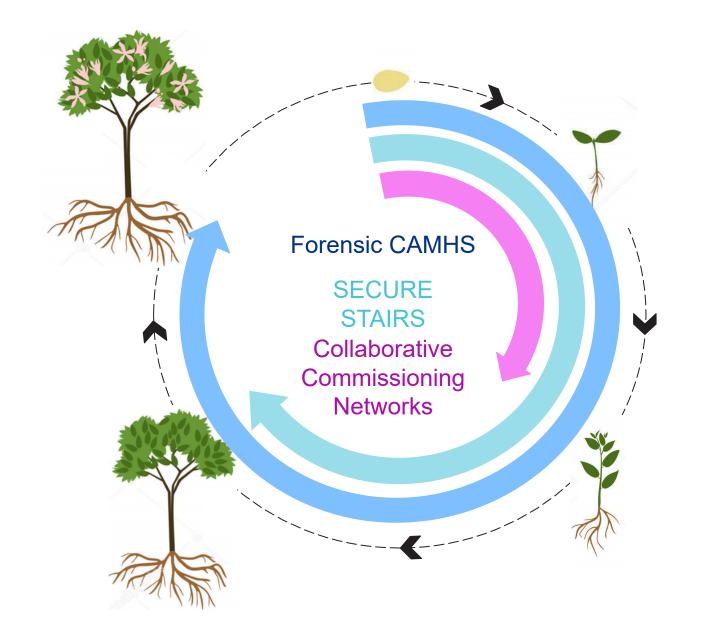
Services often working with this cohort of children, often work in silo and are unable to meet their needs.



How do we work better with these children to support their needs and help them to thrive.



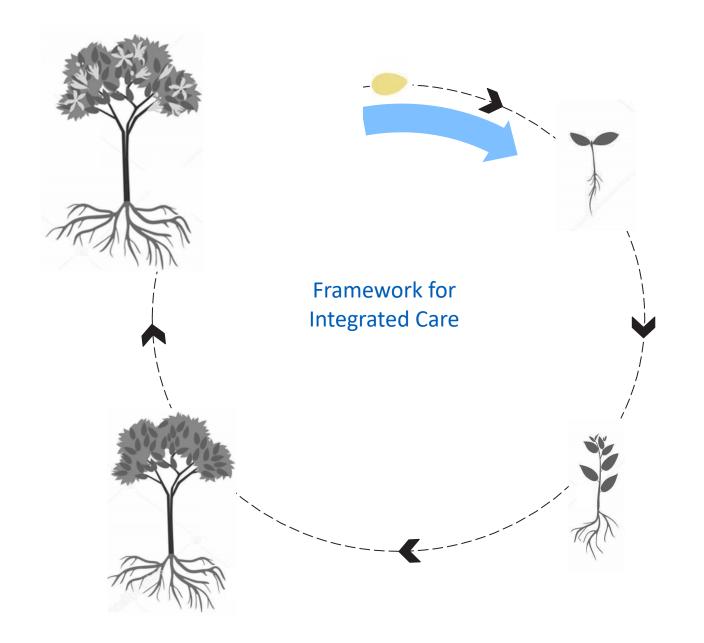
Building on H&J CYP Mental Health Transformation Workstream-2015-2019



# **Cultivating Change**

Shared Understanding

Changing the Fundamental Question



# Framework for Integrated Care: a system approach

- The Framework for Integrated Care provides a **set of guiding principles and practices**, that act as a template for **genuine co-production** and development of integrated services for children and young people with complex needs;
- It represents a shift in ideology, moving away from approaches that seek to fix 'what is wrong with you' to approaches that seek to understand and address 'what has happened to you';
- The Frameworks, both SECURE STAIRS and Community, aim to provide a 'scaffold' for innovative working practices and collaborations across systems and partners to enhance services that seek to prevent retraumatisation and enable children and young people, with complex needs, to thrive;

# Framework for Integrated Care (Community) - Cohort

- •Multiple (ie not just in one domain, such as mental and physical health)
- •Persistent (ie long term rather than transient, including for example learning disability, autism or both)
- •Severe (ie not responding to standard interventions)
- •Framed by family and social contexts (ie early family disruption, loss, inequality, prevalence of Adverse Childhood Experiences).

# The Framework for Integrated Care (Community) - Principles



1. Every Interaction Matters: There is a focus first on building and supporting positive collaborative relationships.



2. Children & young people and the relationships they experience are at the centre of all care they receive through genuine co-production.







3. Those spending most time with young people are the primary facilitators of change.



4. Positively influencing the day to day care is the basis of any intervention and the primary focus of support.



5. All behaviour is understandable in context; there is a focus on developing an understanding of each children & young people's behaviours and needs based on their story (Formulation).



6. There is a commitment by all to build and sustain trauma informed organisations.

Vision:

#### TO FACILITATE INTEGRATED TRAUMA-INFORMED SYSTEMS THAT ENABLE CHILDREN AND YOUNG PEOPLE WITH COMPLEX NEEDS TO THRIVE

To effect cultural change through developing local, sustainable & trauma-informed children's emotional wellbeing services by:

- 1) Working collaboratively across services to co-ordinate, integrate and deliver trauma informed
- 2) Genuine co-production with children and young people with complex needs and their families to develop services and systems that are accessible and acceptable to them;
- 3) Working with the child directly, through relationships with staff in the role of 'young people's advocates' (e.g. detached youth workers), who are psychologically informed and well supported, who advocate for and support the children & young people effectively along their journeys.

### 2030:

Mission

#### Objectives:

#### **IMPROVED CYP WELL** BEING

#### **REDUCTION IN HIGH RISK BEHAVIOURS**

#### REDUCED MENTAL **HEALTH CONCERN**

#### **ORGANISATIONS THAT ARE MORE TRAUMA INFORMED**

#### **IMPROVED PURPOSE / OCCUPATION**

mainstream

learning

experiences.

#### **IMPROVED STABILITY** OF HOME

Children & young people displaying direct improvement in their MH. emotional regulation and well-being.

Previously unmet emotional and behavioural need in this group of children & young people is now met.

Reduced number of children & young people being excluded from mainstream provision of core services

Reduced frequency and severity of identified behaviours that indicate the potential for harm (to self, other or from

Reduced number of children & young people offending.

others).

Improved resilience and reduced anxiety of children & young people staff, family members and carers.

Children & young people, staff, family members and carers feel empowered (involved in the care planning process), supported (formally & informally) and informed (understand what they are doing and why).

Increased awareness of the impact of trauma at an individual, organisational and community level.

Increased awareness and support for staff to recognise and manage their own responses when working with complex trauma.

Enhanced feelings of psychological safety for children & young people, staff, family members and carers.

#### Reduced Children & young people are

number of children & supported by staff young to re enter/remain in people beina education where moved on a appropriate, and regular enjoy and achieve through positive basis.

Improved education attendance and engagement as well as prevented school exclusions.

Measurement

Framework for
Integrated Care
(Community):
Vanguards by region &
Integrated Care Board
(ICB)

Framework for Integrated Care (Community): vanguards by region and Integrated Care Board (ICB) North East & Yorkshire NHS Humber & North Yorkshire (1) NHS North East & North Cumbria (2) (Newcastle & Gateshead) North West NHS Cheshire & Merseyside (5) (North Mersey) East of England NHS Mid & South Essex (11) (Affinity) Midlands NHS Coventry & Warwickshire (16) (Trauma Informed Recovery Support) NHS Lincolnshire (20) (CYP Complex Needs Service) NHS North Central London (25) NHS North East London (26) NHS South East London (28) South East NHS Buckinghamshire, Oxfordshire & Berkshire West (30) (Thames Valley) NHS Surrey Heartlands (34) (Surrey) South West NHS Bristol, North Somerset & South Gloucestershire (37) Health and Justice Children Programme

NHS England

#### Key points

- Across the country there are 12
   FfIC vanguards which have been set up, of which 11 are directly commissioned and funded by NHS England.
- The vanguards have all been designed and set up to meet the needs of their local populations whilst working to meet the activities, outputs and outcomes outlined in the Framework for Integrated Care(Community).
- As a result all 12 of the vanguards operate in slightly different ways; catering for different cohorts and working directly with a variety of services to provide an offer to support the local cohort.
- The vanguards are not a service in themselves but are instead a provision to support and join up services that are providing care for children with complex needs.
- As a result of the variation in the vanguards analysing the data collected from them is challenging.

Vanguard	Description of provision
Affinity Programme – HCRG Care Group (Essex)	Focussing on a target cohort of children aged 5 -16 at risk of exclusion due to emotional dysregulation. The vanguard builds on schools' wellbeing teams and the POWER programme to support engagement with children and families at an earlier level as well as supporting schools in their approach.
Coventry and Warwickshire Integrated Care Board	Cohort includes children on the edge of care, exploitation or youth justice teams that are disengaged from education or those that have transitioned back to the community from the secure estate. Provision involves embedding trauma informed youth work practitioners to work with young people that have experienced trauma and adversity. The vanguard also aims to pilot psychology support, speech and language therapy and occupational therapy into partner organisations.
Children & Young People's Complex Needs Service – Lincolnshire ICS	The vanguard focusses on all children with complex needs, building upon their Future4Me programme the vanguard aims to embed a trauma informed culture across organisations and develop a trauma informed valuing care toolkit for children in care.
North London Partners in health and care – NCL CCG	The target cohort for the vanguard is 0-25 year olds at risk of or involved in serious youth violence. Working closely with partner organisations such as LAs the vanguard aims to build a holistic and multi-level model of care, working with voluntary sector providers to co-deliver psychologically informed interventions to marginalised and vulnerable young people.
North East London Health & Care Partnership – NEL ICB	The target cohort for this vanguard is 0-25 year olds with complex needs and at risk of youth violence and/or exploitation. The vanguard focuses on providing effective and appropriate psychological support to children who are impacted or at risk of violence. The vanguard will create a multi-disciplinary community approach through engaging VCFS organisations to deliver case-management.

Vanguard	Description of provision
Our Healthier South East London – SEL ICS	This vanguard focusses on a cohort of 0-25 years with complex needs. The vanguard has set up provision based on prevention, intervention and case management services piloting the model of care by providing effective and appropriate psychological support in the community for children who are impacted by or at risk of violence.
Bristol North Somerset South Gloucestershire Vanguard (BNSSG) - BNSSG ICB	The vanguard covers a cohort of children in care or at risk of going into care, at risk of exclusion or have been excluded or are not in school and children with SEND needs. The vanguard is delivered by seven providers who embed the principles of the framework into their practices and collaborate. This includes embedding trauma informed practice, piloting a dedicated specialist substance misuse youth worker to support young people at risk of exclusion, and delivering enhanced case management in the youth offending team.
North Mersey - Liverpool and Sefton	Target cohort includes children aged 13-19 years old who present as a risk of criminal or sexual exploitation or are missing from home or education. The vanguard aims to build on existing infrastructure to strengthen pathways and deliver a multiagency response to reduce presentations and admission to hospitals and care. This will be achieved through comprehensive trauma informed training and establishing a complex needs team to implement trauma informed recovery models to the most vulnerable children and their families.
Thames Valley Children & Young People with Complexity – Oxford NHS FT	Target cohort includes children ages 0-18 years with complex needs across multiple domains. The service will deliver a Community Liaison Framework and Provision, through a 'hub and spoke' model. It will build on and complement existing experience within FCAMHS and related services to ensure ongoing liaison and support to professionals, the young person and family.
Humber and North Yorkshire Children and Young People's Trauma Informed Care Programme - Humber and North Yorkshire Health and Care Partnership	The vanguard covers a cohort of 10-19 years who are at risk of becoming first time entrants or of reoffending in the Youth Justice System. The model aims to build on existing infrastructure to strengthen pathways and collaborative working while testing new models of delivery to improve outcomes. Pilots include delivering a range of trauma informed interventions including 1 to 1 therapeutic interventions and group diversion interventions to children to prevent them becoming first-time entrants to the youth justice system.
Trusting Hands Gateshead and Future Focus Newcastle - Newcastle and Gateshead	The vanguard covers vulnerable children with complex needs ages 0-18 years. The service aims to meet the needs of young people with multiple, pervasive, and complex needs, which are not easily or coherently met by traditional services. 'Getting advice' will be delivered through a training and consultation model.
Surrey Building Belonging Programme - Surrey	The vanguard covers vulnerable children with complex needs ages 0-18. The 'Building Belonging Programme' aims to empower all families to develop healthy relationships and contribute positively to their communities, reducing exposure to risks and promoting inclusion. To deliver this vision they have developed a service model informed by the findings of the Surrey Health and Justice Scoping Project. This service model builds upon an emerging trauma-informed approach to address existing gaps in service provision and ensure that the most vulnerable families with complex needs are supported.

# Progress so far!

Data reporting period April 2022 to September 2023

# Framework for Integrated Care (Community) Data

**39+** VCSE organisations are working in partnership to deliver the framework across all 12 vanguards.





There have been **4411** referrals received, with **4111** referrals meeting vanguards criteria for acceptance.

Various training programmes have been delivered across systems to multiple agencies including **Schools**, **Police**, **Sports Organisations** and **Youth Workers**.

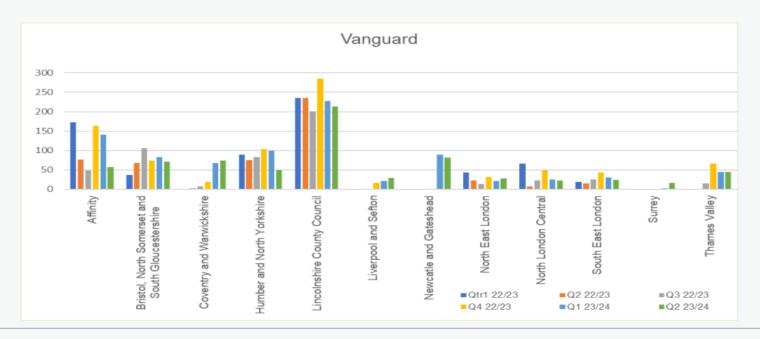


# The Total Number of Referrals accepted:

<u>4111</u>

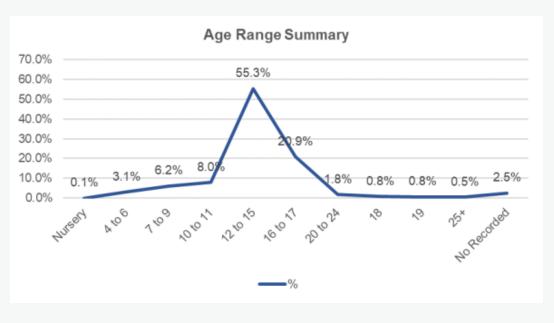


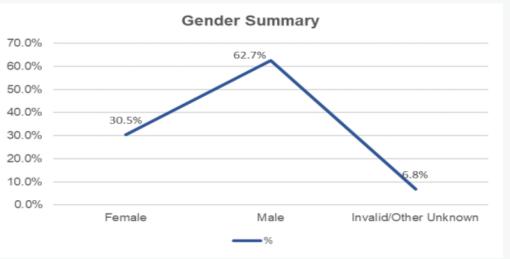
	2022/23				2023/24			
Vanguard	Qtr1	Q2	Q3	Q4	Q1	Q2	<b>Grand Total</b>	
Affinity	173	77	49	164	141	58	662	
Bristol, North Somerset and South Gloucestershire	37	68	106	74	83	72	440	
Coventry and Warwickshire		3	7	19	67	74	170	
Humber and North Yorkshire	90	75	83	103	99	50	500	
Lincolnshire County Council	235	235	201	285	227	213	1396	
Liverpool and Sefton				16	22	29	67	
Newcatle and Gateshead					90	82	172	
North East London	43	23	14	32	21	28	161	
North London Central	66	8	23	50	26	23	196	
South East London	19	15	26	43	30	24	157	
Surrey				1	2	17	20	
Thames Valley			15	66	45	44	170	
Grand Total	663	504	524	853	853	714	4111	



## **Referral Demographics**

Age Group/Gender	Female	Male
Nursery	1	
4 to 6	32	96
7 to 9	52	199
10 to 11	99	210
12 to 15	795	1350
16 to 17	246	556
20 to 24	6	68
18	9	22
19	7	20
25+	3	17
NULL	3	40
Sub Totals	1253	2578
Invalid Age/Age Unknown	280	
Grand Total	4111	

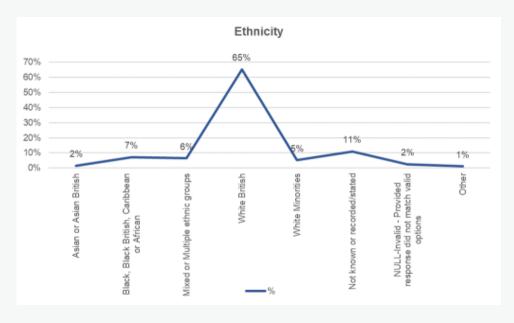


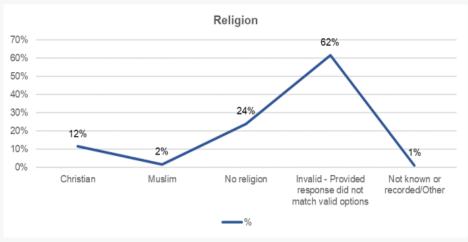


### **Ethnicity/Religion**

		202	2/23		2023/24			
Ethnicity	Q1 Apr-Jun	Q2 Jul-Sept	Q3 Oct-Dec	Q4 Jan-Mar	Q1 Apr-Jun	Q2 Jul-Sept	Total	
Asian or Asian British	10	3	5	18	15	14	65	
African	75	16	37	69	56	42	295	
Mixed or Multiple ethnic groups	49	33	32	50	55	44	263	
White British	402	328	327	536	584	506	2683	
White Minorities	26	33	31	41	50	31	212	
Not known or recorded/stated	74	76	69	107	68	56	450	
Invalid - Provided response did not								
match valid options	21	14	20	19	13	14	101	
Other	6	1	3	13	12	7	42	
Grand Total	663	504	524	853	853	714	4111	

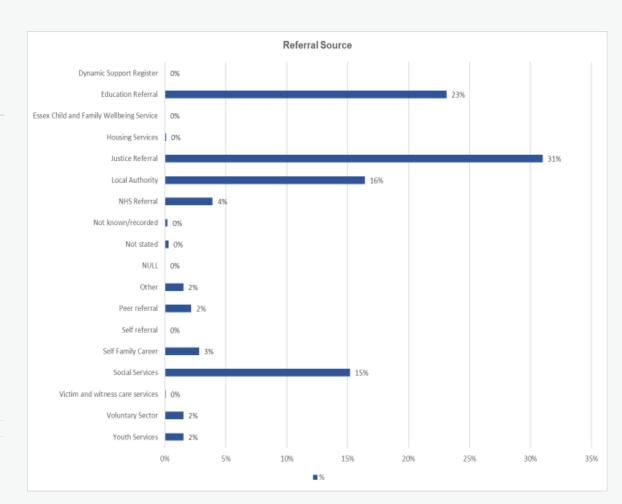
	2022/23				202		
Religion	Q1 Apr-Jun	Q2 Jul-Sept	Q3 Oct-Dec	Q4 Jan-Mar	Q1 Apr-Jun	Q2 Jul-Sept	Total
Christian	78	63	65	100	92	77	475
Muslim	14	7	5	17	16	9	68
No religion	128	116	114	189	229	211	987
Invalid - Provided response did not							
match valid options	438	316	340	533	509	401	2537
Not known or recorded/Other				1	3	13	44
Other	5	2		13	4	3	
Grand Total	663	504	524	853	853	714	4111





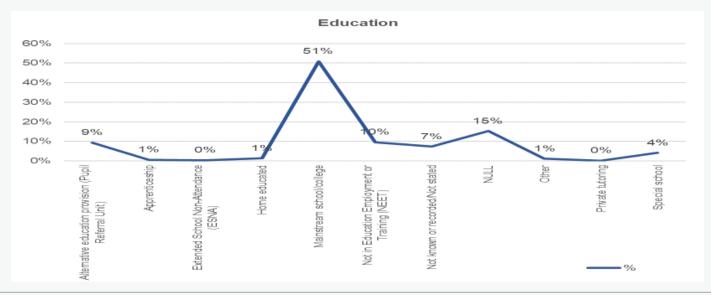
### **Referral Source**

		2022/	23		202	3/24	
	Q1	Q2	Q3	Q4	Q1	Q2	
Referral Source	Apr-Jun	Jul-Sept	Oct-Dec	Jan-Mar	Apr-Jun	Jul-Sept	Total
Dynamic Support Register				1			1
Education Referral	190	119	118	231	202	90	950
Essex Child and Family Wellbeing							
Service	1						1
Housing Services	3					1	4
Justice Referral	183	208	200	228	231	225	1275
Local Authority	97	66	60	131	185	136	675
NHS Referral	12	13	20	42	39	35	161
Not known/recorded	1	1	4	2		1	9
Not stated	7	1		2	2		12
NULL			1				1
Other	5	15	5	14	10	14	63
Peer referral	25	9	12	30	12	1	89
Self referral	1						1
Self Family Career	42	9	15	21	19	10	116
Social Services	78	52	71	123	136	165	625
Victim and witness care services		1		1	1		3
Voluntary Sector	8	4	7	6	12	25	62
Youth Services	10	6	11	21	4	11	63
Grand Total	663	504	524	853	853	714	4111



### **Education**

	2022/23				202		
Education Status	Q1 Apr-Jun	Q2 Jul-Sept	Q3 Oct-Dec	Q4 Jan-Mar	Q1 Apr-Jun	Q2 Jul-Sept	Total
Alternative education provision (Pupil Referral Un	44	49	57	74	87	72	383
Apprenticeship	3	5	4	10	1	2	25
Extended School Non-Attendance (ESNA)	1		1	4	3	5	14
Home educated	5	8	6	11	7	18	55
Mainstream school/college	359	272	249	477	407	329	2093
(NEET)	59	39	43	65	97	91	394
Not known or recorded/Not stated	62	34	73	69	29	32	299
NULL	107	72	66	92	169	121	627
Other	4	1	5	8	13	13	44
Private tutoring	1	1	1	1	3	1	8
Special school	18	23	19	42	37	30	169
Grand Total	663	504	524	853	853	714	4111



### **Accommodation**

	2022/23			202			
Accommodation	Q1 Apr-Jun	Q2 Jul-Sept	Q3 Oct-Dec	Q4 Jan-Mar	Q1 Apr-Jun	Q2 Jul-Sept	Total
Acute/long stay healthcare residential facility			1	1	1	2	5
Bail/Probation hostel					1	3	4
Childrens home (Local Authority)	2		4	12	37	31	86
Childrens home (Private Sector)	1	1	1	3	7	15	28
Emergency Local Authority accommodation			1	1	1	3	6
Homeless	7	1	3	3	2	1	17
Homeless at home due to safety risk	4	1	1		1		7
Hostel			1	1	2		4
Immigration Removal Centre				1			1
Living independently	4	1	1	6	9	7	28
Living with foster carers		1	4	10	54	58	127
Living with other family members	3	2	8	23	37	48	121
Living with parents	107	91	133	193	340	342	1206
Missing from home			1	1	2	1	5
Not known or recorded	11	17	21	89	68	37	243
Not stated					6	3	9
NULL	495	386	336	481	247	126	2071
Other	8	1	1	3	1	6	20
Prison	5	1	4	7	6	1	24
Refuge	1				1		2
Secure Childrens Home				2	1	1	4
Sofa surfing	2			3	4	1	10
Squatting				1			1
Supported accommodation (by staff or caretaker)	5		2	5	14	23	49
Temporary Local Authority accommodation	7	1	1	7	9	5	30
Young Offender Institution	1				2		3
Grand Total	663	504	524	853	853	714	4111

## **Known Experience of Trauma**

		2022/2	3	2023/24			
Trauma Category	Q1 Apr-Jun	Q2 Jul-Sept	Q3 Oct-Dec	Q4 Jan-Mar	Q1 Apr-Jun	Q2 Jul-Sept	Total
Assault or Violence	53	12	18	52	128	88	351
Bullying	15	11	2	15	28	15	86
Discrimination of protected characteristic	2	1	2	6	2	2	15
Emotional neglect	5	5	6	46	81	81	224
Household alcohol abuse			4	9	19	14	46
Household domestic violence	43	47	61	65	96	79	391
Household drug abuse	1	1	6	2	14	14	38
Household mental illness	7	4	5	18	21	26	81
Incarceration of a household member	1		1	4	3	1	10
NULL	505	396	379	573	374	323	2550
Other	14	10	10	13	25	19	91
Parental separation	9	16	20	27	34	29	135
Physical abuse	3		4	8	7	8	30
Physical neglect			1	2	3	3	9
Sexual abuse	3		3	11	11	4	32
Traumatic accident		1		1	4	6	12
Verbal abuse	2		2	1	2	1	8
War					1	1	2
Grand Total	663	504	524	853	853	714	4111

### **Intervention Key Findings**



2218 (52%) of referrals have been assigned a young persons' advocate (Null 36%)



1441 (35%) have a Formulation

Based Care Plan (Null 33%)



2321 (56)% have **received Advice and Consultation** with a professional (Null 38%)



43% (1753) of referral interventions are now *concluded*.



# **Thank You**

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